



**Ardleigh Green**  
Learning Federation

**COVID GUIDANCE**  
**FOR PARENTS**



**If my child, or someone in my household, has one or more symptoms of coronavirus**



**Symptoms**

- High temperature
- A new continuous cough (for more than one hour, or 3 or more coughing episodes in 24 hours)
- A loss or change to sense of smell or taste - this means they cannot smell or taste anything, or things smell or taste different to normal



**DO NOT COME TO SCHOOL**

1. Phone school and report your child's symptoms and absence or absence due to a member of your household having symptoms
2. Get a test to check if they have coronavirus as soon as possible. **If there are no immediate appointments, please refresh the web page as appointment slots are continually being added throughout the day.**

[\(https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/\)](https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/)

3. Stay at home and do not have visitors until you get the test result. Only leave your home to get a test.
4. Access your child's Online Learning Platform - Class Dojo (Infants) and Google Classroom (Juniors)
5. Inform school of your test result



**Negative result**



**Your child returns to school**

**Positive result**



**DO NOT COME TO SCHOOL**

1. Notify school immediately
2. If your child is well enough, Follow the daily Online Learning Platform,
3. Your child can return to school after **10 days if well enough**, even if they have a cough or loss of taste/smell. These symptoms can last for several weeks after the infection has gone.

**If somebody in my household has a positive test result**



**DO NOT COME TO SCHOOL**

1. Notify school immediately
2. My child must self isolate for **14 days**
3. Follow the daily Online Learning platform



**Your child can return to school after isolating for 14 days and displays no symptoms of coronavirus.**



**What should I do if I am contacted by NHS Test and Trace identifying my child as a close contact of somebody with symptoms or confirmed coronavirus**



**DO NOT COME TO SCHOOL**

1. Notify school immediately
2. My child must self-isolate for 14 days
3. Follow the Online Learning platform



**Your child can return to school after isolating for 14 days and displays no symptoms of coronavirus**

**Important**

Get advice from NHS 111 if you are worried about your child or not sure what to do.

For children aged 5 or over - use NHS 111 online coronavirus service (<https://111.nhs.uk/covid.19/>)