**Activities at the Ardleigh Green Family Centre change on a weekly basis. The table below outlines the main activities which take place in a typical week.**

**For more information please contact our Centre Manager Theresa Jordan via Ardleigh Green Junior School 01708 443014 or email her at** **office@ardleighgreenjun.org.uk**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Day | NCTOSIRIS (Training) | FrenchAdult EducationCounsellor Support | FrenchAdult EducationCounselling Services | Baby ClubCounselling ServicesGetting ready for school | Bumps and Babes |
| Evening | NCT | Counselling ServicesCommunity Choir | NCT | Counsellor Support | NCT |

NCT National Childbirth Trust.

In addition to the above, the centre is regularly used for Police and Health Drop in Sessions. Havering College use the centre to deliver adult education programmes such as Keeping up with your kids and English as an additional language.