**Activities at the Ardleigh Green Family Centre change on a weekly basis. The table below outlines the main activities which take place in a typical week.**

**For more information please contact our Centre Manager Theresa Jordan via Ardleigh Green Junior School 01708 443014 or email her at** [**office@ardleighgreenjun.org.uk**](mailto:office@ardleighgreenjun.org.uk)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Day | NCT  OSIRIS (Training) | French  Adult Education  Counsellor Support | French  Adult Education  Counselling Services | Baby Club  Counselling Services  Getting ready for school | Bumps and Babes |
| Evening | NCT | Counselling Services  Community Choir | NCT | Counsellor Support | NCT |

NCT National Childbirth Trust.

In addition to the above, the centre is regularly used for Police and Health Drop in Sessions. Havering College use the centre to deliver adult education programmes such as Keeping up with your kids and English as an additional language.