

# PE LEARNING JOURNEY

Ardleigh Green  
Junior School



We are... comparing our performances with previous ones to achieve our personal best!

Gymnastics

Athletics

Team Games

Rounders

Netball

We are... taking part in outdoor and adventurous activities!

Football

In-school Sports Clubs and Swimming Lessons

YEAR 6

Gymnastics

Football

Rounders

Team Games

In-school Sports Clubs

We are... performing dances using a range of movement patterns!

We are... developing flexibility, strength, technique, control and balance!

YEAR 5

Team Games

Rounders

Athletics

Netball

We are... running, jumping, throwing and catching!

In-school Sports Clubs

Football

YEAR 4

Team Games

Netball

Athletics

We are... playing competitive games!

In-school Sports Clubs

We are... learning to swim confidently, competently and proficiently!

YEAR 3

Rounders

Gymnastics

Netball

Football

Gymnastics

Athletics

We are... using a range of swimming strokes effectively!

SUBJECT LEADER: MR HARRIS